



Work ability assessment request

This form is intended to be completed when an employer requests an occupational health service to assess an employee's work ability. A work ability assessment may be requested, for example, when early support measures have not been sufficient to resolve challenges related to the employee's ability to cope at work, and there is concern about the employee's functional capacity from a health perspective in relation to job demands. The occupational health physician prepares a written assessment of the patient's work ability or fitness for work, and the employee submits it to their supervisor.

It is recommended that the supervisor and the employee complete the form together.

Personal and workplace information

Employee name: _____

Personal identity number: _____

Work unit: _____

Job title: _____

Description of duties:

Employment details

Started in current position: ____ / ____ / ____

Started in current work unit: ____ / ____ / ____

Permanent / Fixed term until: ____ / ____ / ____

Weekly working hours:

Night shifts: _____



Supervisor's assessment of work performance

Why is the supervisor requesting a work ability assessment?

Supervisor's description of the employee's work ability and any challenges identified:

Employee's competence, resources and strengths

What the employee does well: _____

Areas for development: _____

Assessment (tick according to your evaluation)

1 = poor, 5 = excellent

Interaction skills:

a) with clients/patients etc.

b) with colleagues

Motivation:

Mental coping:

Physical coping:

When did the decline in work ability begin? _____

Have work arrangements been made to support work ability? Yes No

If yes, what and when?

Have they been helpful? _____

Sick leave days during the past 6 months:

Discussion according to the early support model held: _____



The employee will be referred to Järvisseudun Työterveys.

What has been agreed, and who will make contact? _____

Supervisor: _____

Phone number: _____

Email: _____

Supervisor's job title: _____

Signatures

Date and place:

Employee signature and printed name

Supervisor's signature and printed name

The form is printed and sent to the occupational health nurse responsible for the unit.